

Macedon Ranges Health

| About our services



Macedon Ranges Health is a not-for-profit organisation providing a wide range of integrated health, disability and social support services to deliver better health and wellbeing for our community

Macedon Ranges Health (MRH) has been active in the community for more than 60 years and became a part of Benetas in 2018. Since that time, Macedon Ranges Health has continued to operate as a local health and support service for the local community.

Our clinicians and staff offer a diverse range of allied health, mental health, social inclusion and exercise programs to help you with early intervention, prevention, recovery and reablement. At MRH we pride ourselves on being a key contributor to building a healthier community.

Our low cost fees vary depending on the type of services provided and in some cases, based on our clients' income. As a not-for-profit organisation partly funded by the government, we can provide free and lower cost services for eligible clients.

Our experienced workforce meets professional registration requirements and provides services at our centre, in the community, at your home and via telehealth. For more information on eligibility and fees for our services, please contact us.



Macedon Ranges Health
supported by benetas





Our Services

Phone (03) 5428 0300

Allied Health Services: Physiotherapy, Exercise Physiology, Podiatry, Occupational Therapy, Dietetics and Counselling.

Cardiac rehabilitation: Heart Smart Group

Diabetes Education

Exercise Groups: strength, balance, mobility and warm water exercise classes.

Health Promotion Programs

Mental Health Services: free counselling

Needle and Syringe program

Social Support Group: including activities and social outings.

Volunteer opportunities

Women's Health Clinic

In-Home Care: serviced via Benetas. Call **1300 23 63 82** to get started.

In-Home Nursing: including continence nursing. Call Benetas' Nursing Services on **(03) 8804 1170** to get started.

Costs

Macedon Ranges Health is a not for profit health service. for all ages. After assessment you may be eligible for subsidised services under the following funding types

- Community Home Support Program (CHSP) 65 yrs+
- Community Health Program
- Extended Primary Care Plan services - with a GP referral
- Home and Community Care (HACC), both aged care and Program for Younger People funded services
- Private Health Insurance
- Or Private full fee services

Appointments required

Please contact our intake team by phone **(03) 5428 0300** or email healthcare@mrh.org.au.

Visit our website for more information: mrh.org.au

Our Health Centre

- Wheelchair accessible, accessible toilet, accessible parking
- Free parking
- Baby change facility
- Toilets
- Social Enterprise Café
- Lift to enable access to all levels



Macedon Ranges Health

5 Neal Street Gisborne VIC 3437

T 03 5428 0300

F 5428 0399

PO BOX 588 Gisborne, VIC 3437

E healthcare@mrh.org.au



Opening Hours

Monday – Friday

8.30am – 5.00pm

Recognition of First Nations People

Macedon Ranges Health acknowledges the Traditional Owners of the land where we work and live. We pay our respects to Elders past, present and emerging. We celebrate the stories, culture and traditions of Aboriginal and Torres Strait Islander People of all communities who also live and work on this land.



Supported by the Australian Government Department of Health and Aged Care